



# FOLLOW NHRS ON SOCIAL MEDIA

If you have a Facebook or Twitter account, you can like and follow NHRS for updates and information regarding your retirement, member education sessions, information about NHRS, and more.

Our YouTube channel provides members, retirees, and employers with electronic educational materials, including member education recordings, instructional videos, and additional informative videos regarding retirement and NHRS as a whole.

You can follow us straight from our website:

1. Visit [NHRS.org](http://NHRS.org) and scroll to the bottom of the homepage.
2. Click on the logo of any social media platform that you have an account with.
3. Click the “Like,” “Follow,” or “Subscribe” button (depending on the platform) on our page.

