2023 - 2024 Child Nutrition Progams Household Application for Free and

Reduced Price School Meals Complete one application per household. Please use a pen (not

APPLY ONLINE: https://mealapp.lunchtimesoftware.net/

RETURN TO (School/District Name): Northwood School District **ADDRESS:** 511 1st NH Turnpike, Northwood, NH 03261



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SOURCES AND EXAMPLES OF INCOME

For additional information on income, please refer to the instructions that accompany this application.

	Sources of Income	Examples of Income for Children						
Earnings from Work	Public Assistance/Alimony/ Child Support	Pensions/Retirement/ All other sources of income	A child has a regular full or part-time job where they earn a salary or wages					
Salary, wages, cash bonuses, tips, commissions Net income from self-employment (farm or business) If you are in the U.S. Military: Basic pay and cash bonuses (do NOT include combat pay, FSSA, or privatized housing	Unemployment benefits Workers' compensation Supplemental Security Income (SSI) Cash assistance from State or local government Alimony payments Child support payments	Social Security/Disability (including railroad retirement and black lung benefits) Private Pensions or disability benefits Income from trusts or estates Annuities Investment income Earned interest	 A child is blind or disabled and receives Social Security benefits A parent is disabled, retired, or deceased, and their child receives Social Security benefits A friend or extended family member regularly gives a child spending money 					
 allowances) Allowances for off-base housing, food, and clothing 	Veterans benefits Strike benefits	Rental income Regular cash payments from outside household	A child receives regular income from a private pension fund, annuity, or trust					

OPTIONAL Children's ethnic and racial	identities. This informat	ion is kept confidential and may be	protected by the Privacy Act of 1974									
We are required to ask for information about your children's race and ethnicity. This information is important and helps to make sure we are fully serving our community. Responding to this section is optional and does not affect your children's eligibility for free or reduced price meals.												
Ethnicity (check one): Hispanic or Latino (A person of Cuban, Mexican, Puerto Rican, South or Central American, or other Spanish Culture or origin, regardless of race)												
Race (check one or more): American Indian	or Alaska Native A	sian Black or African American	Native Hawaiian or Other Pacific Island	der White								
Return this completed form to your child's school. *Do not mail, fax, or email completed applications to the U.S. Department of Agriculture Office of the Assistant Secretary for Civil Rights.												
DO NOT FILL OUT For school use only.												
Annual Income Conversion: Weekly × 52, Ever Total Income	How often?	onth × 24, Monthly × 12. Do not ann Household size	ualize income to determine eligibility un	less more than one income frequency is listed. Eligibility Free Reduced Denied								
Determining Official's Signature	Date	Confirming Official's Signature	Date	Verifying Official's Signature	Date							

Use of Information Statement

The Richard B. Russell National School Lunch Act requires that we use information from this application to see who qualifies for free or reduced price meals. We can only approve complete forms. We may share your eligibility information with education, health, and nutrition programs to help them deliver program benefits to your household. Inspectors and law enforcement may also use your information to make sure that program rules are met.

Please be sure to provide the last four numbers of the Social Security number of the adult household member who signs the application. If the adult does not have one, 'Check if no Social Security Number.' Applications for a foster child do not need to list a Social Security number. Applications for children in households receiving Supplemental Nutrition Assistance Program (SNAP) or Temporary Assistance for Needy Families (TANF) or Food Distribution Program on Indian Reservations (FDPIR) do not need to list a Social Security number. Some children qualify for free meals without an application. Please contact your school to get free meals for a foster child, and children who are homeless, migrant, or runaway.

The contact information below is solely to file a complaint of discrimination

In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color, national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity. Program information may be made available in languages other than English. Persons with disabilities who require alternative means of communication to obtain program information (e.g., Braille, large print, audiotape, American Sign Language), should contact the responsible state or local agency that administers the program or USDA's TARGET Center at (202) 720-2600 (voice and TTY) or contact USDA through the Federal Relay Service at (800) 877-8339.

To file a program discrimination complaint, a Complainant should complete a Form AD-3027, USDA Program Discrimination Complaint Form which can be obtained online at: https://www.usda.gov/sites/default/files/documents/ad-3027.pdf, from any USDA office, by calling (866) 632-9992, or by writing a letter addressed to USDA. The letter must contain the complainant's name, address, telephone number, and a written description of the alleged discriminatory action in sufficient detail to inform the Assistant Secretary for Civil Rights (ASCR) about the nature and date of an alleged civil rights violation. The completed AD-3027 form or letter must be submitted to USDA by:

*MAIL: U.S. Department of Agriculture

Office of the Assistant Secretary for Civil Rights

1400 Independence Avenue, SW Washington, D.C. 20250-9410

FAX: (833) 256-1665 or (202) 690-7442; or EMAIL: program.intake@usda.gov

*Do not mail applications to this address, only complaints of discrimination.